



2014

All Skills Soccer Academy

Soccer promotes good health, strength and conditioning, fitness, teamwork and social acceptance. Longmeadow High School Varsity Coach Brad Miller and his staff will conduct these fast-paced clinics. Coaches have achieved All New England and All American honors at the high school and collegiate levels, as well as excelling at the professional level. Come join the fun...we promise you'll get a KICK out of it!!!

WHO: Boys & Girls Ages 3 - 13 years

WHEN: Monday – Friday in three sessions:

Session I: July 21 – 25

Session II: July 28 – August 1

Session III: August 4 - 8



WHERE: Forest Park Ballfield Complex

*Clinic will move indoors to the old monkey house adjacent to the Park Administration Offices during inclement weather

TIME: 9:00 am - 12:00 noon for children ages 6 – 13 years
9:00 am – 10:15 am for children ages 3 – 5 years OR
10:45 am – 12 noon for children ages 3 – 5 years

COST: \$150.00 for children ages 6 – 13 years
\$85.00 for children ages 3 – 5 years

All participants should bring a soccer ball, water bottle, shin guards, outdoor cleats, as well as indoor footwear for days when weather will not permit outside activity.

The five day clinics will incorporate a progression of technical skills, circuit training, strength and agility, defensive positioning and technique, team shape, and GAMES! We will get you ready for your best season yet!!!

Pre-registration is required. Call the Recreation Office at 787-6435 for further details.

